

The Passport to my Health and Well-being is a simple, co-produced tool designed to assist people living with mental health conditions who are affected by cancer, to share important information about themselves and their cancer treatment with their support networks for example:

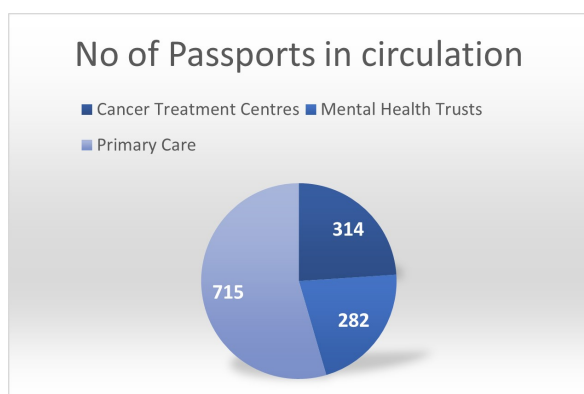
The Passport has space for people to record contact details of the key healthcare professionals involved in their care.

Healthcare professionals who look after me
(e.g. Your Doctor, Mental Health Worker, Cancer Nurse Specialist, Hospital Consultant)

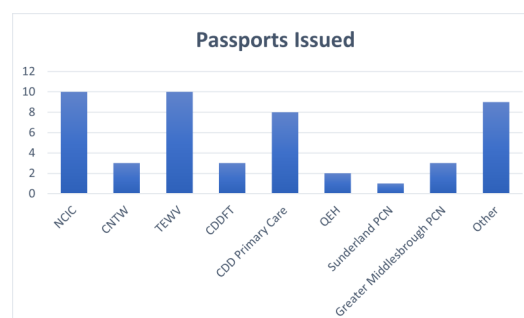
Name:	
Job Title:	
Contact details:	
Name:	
Job Title:	
Contact details:	
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Contact details:	

Quick Update on Passport Numbers:

13118 in circulation and 50 patients accepted a Passport



Organisations that have issued Passports



If you haven't recently informed us that you have offered / issued a Passport, please let us know by completing the data collection form here: <https://forms.office.com/r/j93UPSsiBA>

Patients and carers can request a passport directly by copying this link and pasting into their web browser:

<https://www.signpostnenc.co.uk/passport-to-my-health-well-being/>

Case Study

I gave the Passport to someone with a pancreatic cancer and when I contacted them for their cancer review they said how helpful it had been in keeping track of appointments and their treatment.

GP



Tell us your views

A recent consultation event explored the views of what healthcare professionals mean when asking for a digital version of the Passport and what form it could take. There's still time to share your views regarding the benefits or challenges of having a digital passport by clicking this link and answering a few questions: <https://forms.office.com/r/72FjnC7Xs2>

The views of patients / carers are important too. We would like to invite people to join the discussion and tell us their thoughts on the use of digital passports. If you have someone that would like to get involved, please ask them to contact me by email or phone:

Sarahjane.ashcroft@middlesbroughandstocktonmind.org.uk

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Thank you for your assistance with this.